

A little preparation. *A clearer conversation.*

Begin with the concern you want to explore. You do not need to arrive with a treatment already chosen.



BEFORE YOUR CONVERSATION

- Write down your main concern, your goals and the features you want to preserve.
- Prepare the names of skincare products, medicines, supplements and previous treatments to discuss with the clinician.
- Bring questions about suitability, alternatives, risks, recovery, follow-up and total cost.
- Mention an upcoming event or trip so practical timing can be discussed.
- Ask who will assess you, who would perform treatment and how follow-up is arranged.

ARRANGING YOUR VISIT

Call or email to confirm your appointment details and current availability. An inquiry does not confirm a booking. Ask the clinic to confirm arrival and check-in instructions.

FIND US IN COSTA MESA

1503 S. Coast Dr., Suite 322
Costa Mesa, CA 92626

Monday-Friday: 9:00 am-6:00 pm
Saturday: by appointment

[949-800-5840](tel:949-800-5840)

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Start with your questions.

Explore four treatment categories with New Hope Aesthetics. An individual assessment helps determine whether a treatment suits your skin, goals and health history.

CoolPeel CO₂ resurfacing

A conversation about skin texture, tone or visible lines.

Ask: What recovery and follow-up would my proposed resurfacing treatment involve?

Injectables

Botox, dermal fillers and lip enhancement.

Ask: What could the proposed product address, and what would it leave unchanged?

Skin rejuvenation

Microneedling, PRP facials and chemical peels.

Ask: How do the proposed techniques differ for my skin concern and current routine?

Karis facials

Anti-aging facial and nano-needling options.

Ask: Which products and techniques would my appointment include?

YOUR OWN NOTES

Use this guide to prepare questions. Treatment-specific preparation and aftercare should come from the clinician who assesses you.
